# Donations Wish List •



### **Food Donations**

\*all items must be unexpired and unopened

Please keep in mind that many of our members may only have a microwave or no kitchen equipment at all. Therefore, we have the greatest need for food that can be made without a stovetop or oven.

Canned fruits

Canned veggies (reduced sodium preferred)

Canned soups

Canned tuna, chicken, and salmon

Cereal and oatmeal

Make-a-meal items (Hamburger Helper, macaroni &

cheese)

Ready-made noodles (ramen, cup-o-noodles, etc)

#### Other

New underwear (sizes 5 - 12)

New socks

New or gently used bras

Reusable shopping bags

New or gently used backpacks and duffel bags

## **Toiletry Donations**

\*all items must be new and unopened

We do distribute both hotel sized/mini/personal bottles on a day-to-day basis, and then we also distribute full-size bottles when people "shop" (for free) in our Food Cupboard for their items for the month.

Toothbrushes

Toothpaste

Razors

Brushes/Combs

Deodorant

Lotion

Shampoo and conditioner

Body wash

## **Baby Donations**

\*all items must be new and unopened

Enfamil infant formula

Pull-ups sizes 2T-5T

Baby hygiene products (baby powder, lotion,

shampoo, etc)

**Bottles** 

For more information or to schedule a large donation, please contact Program Specialist **Leah Weisgal** at (303) 996-9046 or leah@tgpdenver.org.