

What's Cooking in The Gathering Place Kitchen this Week?

Menu

Monday/Lunes 2/11

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

Meal Sponsor! THANK YOU JUNIOR LEAGUE!

Creamy Italian Chicken over Pasta w/ Herb Wheat Roll (WGR)
Vegetarian Option: Creamy Italian Roasted Tofu over Pasta w/ Herb Wheat Roll (WGR)
Green Salad
Fruit

Snack

Bean and Cheese Burrito w/ Tomato and Onion
Fruit

Tuesday/Martes 2/12

Breakfast

Assorted Cereals (WGR), Bagels, OJ, Various Spreads, Toast (WGR), Coffee, Tea, Fruit

Lunch

Tangy Jamaican Chicken Jerk Sandwich W/ Potatoes and Fixings
Vegetarian Option: Tangy Jamaican Jerk Black Bean Burger w/ Potatoes and Fixings
Green Salad
Fruit

Wed/Miercoles 2/13

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

Beef Burrito (Beef, Tomato, Onion, Rice, Spices, and Cheese)
Vegetarian Option: Pinto Bean Burrito (Pintos, Tomatoes, Onion, Rice, Spices, and Cheese)

Green Salad

Fruit

Snack

Chicken and Vegetable Stew w/ Herb Wheat Roll (WGR)

Fruit

Thursday/Jueves 2/14

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Fruit

Lunch

Tangy BBQ Pork Sandwich w/ Chips

Vegetarian Option: Tangy BBQ Black Bean and Vegetable Sandwich w/ Chips

Green Salad

Fruit

Snack

Subway Turkey Sandwich w/ Chips

Fruit

Friday/Viernes 2/15

Breakfast

Breakfast Sponsor! THANK YOU HIS HELPING HANDS!

Pancakes, Yogurt Granola, Parfaits, Eggs, Tater Tots, Sweet Bread

Lunch

Beef Marinara over Pasta w/ Herb Wheat Roll (WGR) and Cheese

Vegetarian Option: Vegetable Marinara over Pasta w/ Herb Wheat Roll (WGR) and Cheese

Green Salad

Fruit

Snack

BBQ Pork Sandwich

Milk and Fruit is served at all meals. Whole Milk, 1%, and Nondairy alternative are served at every meal. All milk served to participants is unflavored, all participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.

WGR- Indicates Whole grain rich requirement is met.

Note: Some menu side dishes are subject to change based on donations. Thank you for your understanding.

Our center participates in a USDA-funded Program and is an equal opportunity provider and employer. Nuestro centro participa en un programa financiado por el USDA y es un proveedor y empleador.