# What's Cooking in The Gathering Place Kitchen this Week? Menu

## Monday/Lunes 11/11

Breakfast
Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

### SPONSORED BY JUNIOR LEAGUE OF DENVER

Beef Frito Pie (onions, garlic, tomatoes, spices) with cheese, green onion, and sour cream Vegetarian Option: Black Bean Frito Pie (onions, garlic, tomatoes, spices) with cheese, green onion, and sour cream

Green Salad

Fruit

Chocolate Chip Cookie

Snack
Breaded Chicken Sandwich with Ham and Potato Soup
Fruit

### **Tuesday/Martes 11/12**

Breakfast
Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch
Spinach and Cheese Frittata with Biscuit
Mixed Green Salad
Fruit

# Wednesday/Miercoles 11/13

Breakfast
Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

SPONSORED BY LIGHTSHADE

Chicken and Vegetable Baked Ziti with Garlic Roll and Cheese

# Vegetarian Option: Tofu and Vegetable Baked Ziti with Garlic Roll and Cheese Green Salad Fruit

Snack
Beef Chili with Cornbread
Fruit

## Thursday/Jueves 11/14

Breakfast
Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

### SPONSORED BY NEXT CORE GROUP

Herb Chicken Sandwich with Tater Tots

Vegetarian Option: Marinated Tofu Herb Sandwich with Tater Tots

Mixed Green Salad

Fruit

Snack
Subway Turkey Sandwich with Chips
Fruit

## Friday/Viernes 11/15

Breakfast
SPONSORED BY HIS HELPING HANDS

Pancakes, Yogurt Granola Parfaits, Eggs, Tater Tots, Sweet Bread

Lunch
Hoisin Pork Stew with Herb What Roll (WGR)
Vegetarian Option: Hoisin Tofu Stew with Herb What Roll (WGR)
Green Salad
Fruit

Snack
Chicken Salad Sandwich
Fruit

Milk and Fruit is served at all meals. Whole Milk, 1%, and Nondairy alternative are served at every meal. All milk served to participants is unflavored, all participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.

WGR- Indicates Whole grain rich requirement is met.

Note: Some menu side dishes are subject to change based on donations. Thank you for your understanding.

Our center participates in a USDA-funded Program and is an equal opportunity provider and employer. Nuestro centro participa en un programa financiado por el USDA y es un proveedor y empleador.