

What's Cooking in The Gathering Place Kitchen this Week?

Menu

Monday/Lunes 10/14

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

SPONSORED BY JUNIOR LEAGUE OF DENVER

Beef Marinara over Fettucine Pasta with Herb Wheat Roll (WGR) and Cheese
Vegetarian Option: Tofu Marinara over Fettucine Pasta with Herb Wheat Roll (WGR) and Cheese
Green Salad
Fruit
Lemonade

Snack

Chana Masala
Fruit

Tuesday/Martes 10/15

Breakfast

SPONSORED BY REGIS UNIVERSITY

Pancake Trio (plain, blueberry, chocolate chip) with Pork Sausage and Toast (WGR)

Lunch

Vegetarian Tortilla Soup with Cheese and Tortilla
Green Salad
Fruit

Wednesday/Miercoles 10/16

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

Sloppy Joes with Tater Tots
Vegetarian Option: Black Bean Sloppy Joes with Tater Tots
Green Salad
Fruit

Snack

SPONSORED BY JUNIOR LEAGUE OF DENVER

Hot Caprese Sandwich (pesto, cheese, tomato) with Potato Wedges and Chocolate Chip Cookie
Fruit

Thursday/Jueves 10/17

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

SPONSORED BY JUNIOR LEAGUE OF DENVER

Chicken Soft Tacos (lettuce, tomato, cheese, sour cream, wheat tortilla) with Refried Beans and
Homemade Salsa
Vegetarian Option: Tofu Soft Tacos (lettuce, tomato, cheese, sour cream, wheat tortilla) with
Refried Beans and Homemade Salsa
Green Salad
Fruit

Snack

Subway Turkey Sandwich with Chips
Fruit

Friday/Viernes 10/18

Breakfast

SPONSORED BY HIS HELPING HANDS

Pancakes, Yogurt Granola, Parfaits, Eggs, Tater Tots, Sweet Bread, Fruit

Lunch

Tangy Southwest Beef and Vegetable Stew with Cheese and Herb Wheat Roll (WGR)
Vegetarian Option: Tangy Southwest Vegetable Stew with Cheese and Herb Wheat Roll (WGR)

Green Salad
Fruit

Snack
Sloppy Joe
Fruit

Milk and Fruit is served at all meals. Whole Milk, 1%, and Nondairy alternative are served at every meal. All milk served to participants is unflavored, all participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.

WGR- Indicates Whole grain rich requirement is met.

Note: Some menu side dishes are subject to change based on donations. Thank you for your understanding.

Our center participates in a USDA-funded Program and is an equal opportunity provider and employer. Nuestro centro participa en un programa financiado por el USDA y es un proveedor y empleador.