

What's Cooking in The Gathering Place Kitchen this Week?

Menu

Monday/Lunes 3/18

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

Meal Sponsor! Thank you, King of Glory!

Goulash with Cornbread Muffin

Vegetarian Option: Vegetarian Goulash with Cornbread Muffin

Green Salad

Fruit

Cupcakes

Snack

Hot Dog with Chips

Fruit

Tuesday/Martes 3/19

Breakfast

Breakfast Sponsor! Thank you, Regis University!

Pancake Trio (Blueberry, Chocolate Chip, and Plain) with Pork Sausage

Fruit

Lunch

Tomato Bisque with Cheese and Wheat Bread Grilled Cheese (WGR)

Green Salad

Fruit

Wed/Miercoles 3/20

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

Beef Marinara over Pasta with Cheese and Herb Wheat Roll (WGR)

Vegetarian Option: Vegetable Marinara over Pasta with Cheese and Herb Wheat Roll (WGR)
Green Salad
Fruit

Snack

Snack Sponsor! Thank you, Junior League!

BBQ Pork Sandwich with Potato Wedges and Chocolate Chip Cookie
Fruit

Thursday/Jueves 3/21

Breakfast

Breakfast Sponsor! Thank you Intrepid!

Pancakes, Pork Sausage, Hash Browns, Toast (WGR) and Eggs
Fruit

Lunch

Chicken Tortilla Soup with Cheese and Tortilla
Vegetarian Option: Tortilla Soup with Cheese and Tortilla
Green Salad
Fruit

Snack

Subway Turkey Sandwich w/ Chips
Fruit

Friday/Viernes 3/22

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit
Fruit

Lunch

Breaded Cod Sandwich with Fixings and Tater Tots
Vegetarian Option: Black Bean Burger with Fixings and Tater Tots
Green Salad
Fruit

Snack

Chicken Tortilla Soup
Fruit

Milk and Fruit is served at all meals. Whole Milk, 1%, and Nondairy alternative are served at every meal. All milk served to participants is unflavored, all participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.

WGR- Indicates Whole grain rich requirement is met.

Note: Some menu side dishes are subject to change based on donations. Thank you for your understanding.

Our center participates in a USDA-funded Program and is an equal opportunity provider and employer. Nuestro centro participa en un programa financiado por el USDA y es un proveedor y empleador.