

Individual Volunteer Opportunities

Please note that we ask for a minimum commitment of three months from our volunteers to lend consistency to our staffing schedule and program planning.

This is a comprehensive list of positions. Not all shifts are currently available. Please email cortney@tqpdenver.org to get signed up for a Volunteer Welcome Tour where you will learn what shifts are currently open.

Volunteer Position Descriptions

Welcome Desk Volunteer

Welcome Desk volunteers assist staff in providing a warm welcome to members, signing members in, and answering questions. A great position for volunteers who enjoy direct contact with members and a fast-paced environment!

Ages: 18 and up

Shifts: vary

Betsy's Cupboard Volunteer

Volunteers in Betsy's Cupboard help make shopping for groceries a dignifying experience for members. Volunteers check members in for Cupboard appointments, assist members in accessing food and toiletries, and record information into user-friendly database. Great position for volunteers who want to help supply members with essential resources.

Ages: 18 and up

Shifts:

- Monday: 9am-11am, 1pm-3pm
- Tuesday: 9am-11am, 1pm-3pm
- Wednesday: 9am-11am, 1pm-3pm
- Thursday: 9am-11am, 1pm-3pm
- Friday: 9am-11am

Bridget's Boutique Volunteer

Volunteers in Bridget's Boutique provide support for members picking out clothing, shoes, and accessories. Volunteers check members in for Boutique appointments, continually stock the Boutique with clothing items, and assist members in accessing items that they need. Perfect position for volunteers who have a passion for fashion and are interested in working directly with members!

Ages: 18 and up

Shifts:

- Monday: 9am-11am, 1pm-3pm
- Tuesday: 9am-11am, 1pm-3pm
- Wednesday: 9am-11am, 1pm-3pm
- Thursday: 9am-11am, 1pm-3pm
- Friday: 9am-11am

Family Program Volunteer

Enjoy playing with Legos, rearranging furniture in a doll house, and eating pretend food? Appreciate the artistic talents of three year olds? Want to directly see the impact of your contribution in real time? If the answer is yes, the Family Program is the place for you.

Ages: 18 and up

Shifts:

- Monday: 9am-11am, 1pm-3pm
- Tuesday: 9am-11am, 1pm-3pm
- Wednesday: 9am-11am, 1pm-3pm
- Thursday: 9am-11am, 1pm-3pm
- Friday: 9am-11am, 1pm-3pm

Art Program Volunteer

Art Program volunteers support members as they enjoy the creative outlets provided by our Art Program classes. Volunteers help maintain art supplies, encourage artists in their work, and occasionally teach classes. Volunteers in the Art Program are inspiring, supportive, and creatively inclined.

Ages: 18 and up

Shifts:

- Tuesday 9:30am-11:30am (Card Project)
- Wednesday 9:30am-11:30am (Open Art)
- Wednesday 2:30pm-3:30pm (Music Group)
- Thursday 9:30am-11:30am (Card Project)
- Friday 9:30am-11:30am (Knitting & Crocheting)
- Friday 1:00-3:00 (Card Project)

Computer Lab Volunteer

The Computer Lab is a relaxed, laid-back atmosphere where volunteers help members sign in to use computers, answer easy computer-related questions, and manage a waitlist

when necessary. No advanced computer knowledge necessary. Many volunteers bring homework, a book, or work on emails during a shift in the Computer Lab.

Ages: 18 and up

Shifts:

- Monday: 9:30am-11:30am, 1pm-3pm
- Tuesday: 9:30am-11:30am, 1pm-3pm
- Wednesday: 9:30am-11:30am, 1pm-3pm
- Thursday: 9:30am-11:30am, 1pm-3pm
- Friday: 9:30am-11:30am, 1pm-3pm

Kitchen Volunteer

Do you thrive in an upbeat, fun, active environment? Are you interested in helping prepare and serve meals to members? Do you enjoy the challenge of a dirty pan to scrub? If so, the Kitchen is perfect for you! Volunteers in the Kitchen get to work side-by-side with staff, as well as interact directly with members while serving lunch.

Ages: 16 and up

Shifts:

- Monday: 9:00am-1:30pm
- Tuesday: 9:00am-1:30pm
- Wednesday: 9:00am-1:30pm
- Thursday: 9:00am-1:30pm
- Friday: 9:00am-1:30pm

*Shorter afternoon shifts occasionally available upon request.

Education Program Volunteer

Do you have a background in education or teaching? Do you enjoy helping others learn? Are you skilled in the subjects of Math, English, Social Studies, and Science? If so, tutoring students who are working hard to earn their High School Equivalency diploma may be the place for you!

Ages: 18 and up

Shifts:

- Tuesday: 9:30am-12pm
- Thursday: 9:30am-12pm

Job Search Assistance Volunteer

Do you have a background in Human Resources? Are you knowledgeable about the hiring process, writing resumes and cover letters, and helping people develop skills for professional environments? This is a great opportunity for volunteers who are passionate about helping members succeed in the workforce!

Ages: 18 and up

Shifts:

- Monday 1pm-4pm
- Wednesday 1pm-4pm