

What's Cooking in The Gathering Place Kitchen this Week?

Menu

Monday/Lunes 1/7

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

Tangy BBQ Beef Sandwich on Bun w/ Tater Tots

Black Bean Burger on Bun w/ Tater Tots

Green Salad

Fruit

Snack

Hot Dogs w/ Chips

Fruit

Tuesday/Martes 1/8

TGP IS CLOSED FOR IN SERVICE MEETINGS

Wed/Miercoles 1/9

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

Lunch

Lemon Pepper Chicken Sandwich on Bun w/ Chips

Lemon Pepper Tofu Sandwich on Bun w/ Chips

Green Salad

Fruit

Snack

Chicken Salad Sandwich

Fruit

Thursday/Jueves 1/10

Breakfast

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit
Fruit

Lunch

Broccoli and Cheese Soup w/ Herb Wheat Roll (WGR)
Green Salad
Fruit

Snack

Subway Turkey Sandwich w/ Chips
Fruit

Friday/Viernes 1/11

Breakfast

Assorted Cereals(WGR), Bagels, OJ, Tea, Toast (WGR), Various Spreads, Coffee, and Fruit

Lunch

Breaded Cod Sandwich on Bun w/ Potato Wedges
Vegetarian Option: Black Bean Burger on Bun w/ Potato Wedges
Green Salad
Fruit

Snack

Broccoli and Cheese Soup
Fruit

Milk and Fruit is served at all meals. Whole Milk, 1%, and Nondairy alternative are served at every meal. All milk served to participants is unflavored, all participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.

WGR- Indicates Whole grain rich requirement is met.

Note: Some menu side dishes are subject to change based on donations. Thank you for your understanding.

Our center participates in a USDA-funded Program and is an equal opportunity provider and employer. Nuestro centro participa en un programa financiado por el USDA y es un proveedor y empleador.