

What's Cooking in The Gathering Place Kitchen this Week?

Menu

Monday/Lunes 3/16

Breakfast

Assorted cereals (WGR), bagels, various spreads, toast (WGR), OJ, coffee, tea, fruit

Lunch

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Beef goulash w/ cornbread muffin

Vegetarian option: Veggie goulash w/ cornbread muffin

Fruit

Chocolate cupcake

Snack

Bean and cheese burrito

fruit

Tuesday/Martes 3/17

Breakfast

Assorted cereals (WGR), bagels, various spreads, toast (WGR), OJ, coffee, tea, fruit

Lunch

Creamy tomato bisque w/ herb wheat roll and chocolate chip cookie

Fruit

Wednesday/Miercoles 3/18

Breakfast

Assorted cereals (WGR), bagels, various spreads, toast (WGR), OJ, coffee, tea, fruit

Lunch

Beef stroganoff and vegetable stew w/ herb wheat roll(wgr)

Vegetarian option: mushroom stroganoff and vegetable stew w/ herb wheat roll(wgr)

Fruit

Snack

Beef chili w/ cornbread

Fruit

Thursday/Jueves 3/19

Breakfast

Assorted cereals (WGR), bagels, various spreads, toast (WGR), OJ, coffee, tea, fruit

Lunch

Herb chicken breast over mashed potatoes w/ gravy and veggies
Vegetarian option: Herb tofu over mashed potatoes w/ gravy and veggies
Fruit

Snack

Subway turkey sandwich w/ chips
Fruit

Friday/Viernes 3/20

Breakfast

Assorted cereals (WGR), bagels, various spreads, toast (WGR), OJ, coffee, tea, fruit

Lunch

Bratwurst w/ chips
Vegetarian option: Black bean burger w/ cheese and chips
Fruit

Snack

Tomato bisque
Fruit

Milk and Fruit is served at all meals. Whole Milk, 1%, and Nondairy alternative are served at every meal. All milk served to participants is unflavored, all participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.

WGR- Indicates Whole grain rich requirement is met

Note: Some menu side dishes are subject to change based on donations. Thank you for your understanding.

Our center participates in a USDA-funded Program and is an equal opportunity provider and employer. Nuestro centro participa en un programa financiado por el USDA y es un proveedor y empleador.