

# What's Cooking in The Gathering Place Kitchen this Week?

## Menu

### Monday/Lunes 8/12

#### *Breakfast*

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

#### *Lunch*

Chicken and Macaroni Casserole with Cheese

Vegetarian Option: Pinto Bean and Macaroni Casserole with Cheese

Green Salad

Fruit

#### *Snack*

Bean and Cheese Burrito

Fruit

### Tuesday/Martes 8/13

#### *Breakfast*

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

#### *Lunch*

Ham and Cheese Frittata with Biscuit

Vegetarian Option: Spinach and Cheese Frittata with Biscuit

Green Salad

Fruit

### Wednesday/Miercoles 8/14

#### *Breakfast*

Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

#### *Lunch*

Creamy Chicken Florentine (Spinach, Chicken, and Herbs) over Pasta with Herb Wheat Roll

Vegetarian Option: Creamy Spinach Florentine (Spinach and Herbs) over Pasta with Herb Wheat

Roll

Green Salad

Fruit

*Snack*  
Chicken and Noodle Casserole  
Fruit

**Thursday/Jueves 8/15**

*Breakfast*  
Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

*Lunch*  
Beef Burritos (beef, rice, tomato, cheese, onions) with salsa  
Vegetarian Option: Pinto Bean Burrito (pinto beans, rice, tomato, cheese, onions) with salsa  
Green Salad  
Fruit

*Snack*  
Subway Turkey Sandwich with Chips  
Fruit

**Friday/Viernes 8/16**

*Breakfast*  
Assorted Cereals (WGR), Bagels, Various Spreads, Toast (WGR), OJ, Coffee, Tea, Fruit

*Lunch*  
Green Chili Cheese Beef Dog on Bun with Tater Tots  
Vegetarian Option: Green Chili Cheese Veggie Dog on Bun with Tater Tots  
Green Salad  
Fruit

*Snack*  
Creamy Chicken Florentine over Pasta  
Fruit

*Milk and Fruit is served at all meals. Whole Milk, 1%, and Nondairy alternative are served at every meal. All milk served to participants is unflavored, all participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.*

*WGR- Indicates Whole grain rich requirement is met.*

*Note: Some menu side dishes are subject to change based on donations. Thank you for your understanding.*

*Our center participates in a USDA-funded Program and is an equal opportunity provider and employer. Nuestro centro participa en un programa financiado por el USDA y es un proveedor y empleador.*